



How Idahoans are Insured

2019-2023 Health insurance statistics

(as of October 2025)

1,857,387

Total Idaho lives covered by health insurance—
a **24.5%** increase since **2019***

***12.0%** increase in Idaho's total population:
2019 – 1,787,065
2024 – 2,001,619



1,180,108

Idahoans covered by private health insurance
a **35.6%** increase since **2019**

8.9%

Increase in Idahoans covered
by public health insurance
(e.g., Medicare, Medicaid, VA)

181,552 | 9.2%

Idaho uninsured lives | Idaho uninsured rate
(estimated)

1332 Reinsurance Innovation Waiver

- Effective January 1, 2023
- Originally expected to reduce individual market premiums ≈10% each of first 5 years
- Reduced 2023 health premiums by 12%
- Reduced 2024 health premiums by 16%
- Reduced 2025 health premiums by 20%
- 18% impact on rates for 2026