

State of Idaho
DEPARTMENT OF INSURANCE

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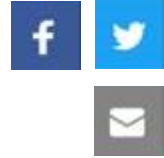
DEAN L. CAMERON
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Idaho Department of Insurance News Release

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Now is the time to enroll in health insurance for 2025

Open enrollment for 2025 health insurance is open through December 16th

BOISE, ID (November 18, 2024) – The open enrollment deadline for Idahoans purchasing or changing their individual health coverage for 2025 is **December 16, 2024**. [With rates for health insurance decreasing on average for 2025](#), the Idaho Department of Insurance is reminding consumers to make sure they are taking full advantage of all the cost savings available to them, making coverage even more affordable.

Idaho consumers have choices from 8 carriers when shopping for individual coverage. In 2025, Select Health, PacificSource Health Plans, Blue Cross of Idaho, Regence Blue Shield of Idaho, Mountain Health CO-OP, Molina Healthcare, Moda Health Plan, and St. Luke’s Health Plan, will offer health plans on Idaho’s exchange, Your Health Idaho. Similarly, 6 carriers will continue offering dental options.

Those seeking coverage can visit the state’s insurance exchange, Your Health Idaho, at yourhealthidaho.org, where a total of 154 medical plans and 21 dental plans can be compared and purchased. Many consumers are eligible for assistance covering premiums, out-of-pocket costs, and deductibles when purchasing through Your Health Idaho. Coverage for plans selected during Open Enrollment begins January 1, 2025.

“Open enrollment only happens once a year, from October 15 to December 16. Now is your opportunity to adjust your plan and review it carefully as networks and benefits may have changed,” said Director Dean Cameron. “We recommend consumers contact a licensed insurance agent for help evaluating the various plan options and eligibility for cost-savings.”

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About the Idaho Department of Insurance

The Idaho Department of Insurance has been regulating the business of insurance in Idaho since 1901. The mission of the Department is to serve and protect Idahoans by equitably, effectively and efficiently administering the Idaho Insurance Code and the International Fire Code. For more information, please visit us at doi.idaho.gov or email us at consumeraffairs@doi.idaho.gov.